London School of Cybersecurity®

Course Outline for

6-Months Cyber GRC Mentorship Program

Document Version: 1.1

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❑ Course Overview

This is a blended, practice-oriented program designed to transform aspiring individuals into job-ready **Governance, Risk, and Compliance (GRC)** professionals. Through structured weekly mentorship, real-world case studies, and guided projects, participants will gain the knowledge and hands-on experience needed to support GRC functions. This program will enable participants to understand how GRC frameworks support organisational resilience and regulatory compliance.

❑ Course Duration

- **Total Duration:** 6 Months (24 Weeks)
- **Format:** Weekly 2-hour mentor-led live sessions + self-paced pre-read modules
- **Weekly Commitment:** Approx. 4–5 hours (2 hours live, 2–3 hours self-study)
- **Live Session Schedule:** Sundays, 2 – 4 pm UK Time

❑ Course Mode of Delivery

- This program is delivered **online**, combining self-paced learning resources with live mentor-led sessions conducted through **Microsoft Teams**.
- Each week includes interactive discussions, case studies, and guided assignments to ensure practical learning and professional growth.

❏ Course Target Audience

This mentorship is ideal for:
- University graduates and early-career professionals interested in cybersecurity or compliance roles
- IT and cybersecurity professionals transitioning into Governance, Risk, or Compliance domains
- Professionals seeking to gain enterprise-ready GRC skills aligned with global and industry standards.

❏ Course Pre-Requisites

Participants should have:
- Basic computer literacy (Microsoft Office, documentation tools, etc.)
- Access to a laptop/desktop with a stable internet connection
- A keen interest in cybersecurity governance, risk management, and compliance

❏ Mentoring Benefits

- Learn directly from experienced GRC professionals and cybersecurity leaders
- Gain **real-world exposure** through practical case studies, templates, and simulations
- Build confidence in applying frameworks
- Receive personalized feedback and career guidance throughout the mentorship

❑ Course Topics and Outline

Phase 1 – Foundations of GRC (Month 1–2)

Week	Focus Area	Pre-Read / Self-Study	Live 2-hr Session (Hands-On)
Week 1	Introduction to Cybersecurity & GRC	Overview of cybersecurity, CIA triad, GRC basics	Group discussion: mapping real-world GRC teams in enterprises
Week 2	GRC Job Role & Governance Concepts	GRC functions, definitions, governance structure	Role play: "You are a new GRC Analyst — identify your key stakeholders"
Week 3	Risk Management Fundamentals	Risk definitions, frameworks, risk appetite	Workshop: Build a simple risk heatmap
Week 4	Compliance Fundamentals	Overview of ISO 27001, NIST CSF, GDPR	Case Study: Matching controls to compliance clauses
Week 5	Control Domains	Review NIST 800-53, ISO 27002, CIS Controls	Hands-on: map controls across frameworks
Week 6	Audit vs Internal Controls	Audit lifecycle, testing steps	Mock audit interview simulation
Week 7	Week 4,5, 6 Recap	No pre-read for this week.	Group Activity to recap learnings from weeks 4,5, and 6.
Week 8	Review & Quiz	Consolidation	Quiz + feedback + mini-project kickoff

❑ Objective

Build strong understanding of cybersecurity, GRC fundamentals, and control domains.

❏ Course Topics and Outline

Phase 2 – Policies, Standards & Procedures (Month 3 – 4)

Week	Focus Area	Pre-Read / Self-Study	Live 2-hr Session (Hands-On)
Week 9	Policy Frameworks	Policy lifecycle, structure	Group activity: Critique a sample policy
Week 10	Drafting Cybersecurity Policies	Policy types	Write and peer-review your own cybersecurity policy
Week 11	Creating Standards	Standards vs policies	Draft a baseline control standard
Week 12	Writing Procedures	Procedure templates	Create a sample procedure
Week 13	Human Factor in GRC	Human error, awareness, culture	Simulation: Managing a human-induced security risk
Week 14	Risk Frameworks	ISO 31000, NIST, ISO27001	Map frameworks to organization types
Week 15	Risk Assessment Techniques	Qualitative vs Quantitative	Case Study: Conduct a mini risk assessment
Week 16	Risk Treatment & Monitoring	Risk treatment plan, acceptance criteria	Exercise: Build a risk treatment matrix

❏ Key Outcomes

- Develop documentation and risk assessment skills.

❑ Course Topics and Outline

Phase 3 – Operational GRC (Month 5–6)

Week	Focus Area	Pre-Read / Self-Study	Live 2-hr Session (Hands-On)
Week 17	Risk Register Basics	Components of a register	Create your first risk register (Excel template)
Week 18	Maintaining the Risk Register	Review cycles, scoring updates	Group review: Simulate a quarterly risk committee review
Week 19	Management Reporting	Dashboards and KPIs	Build a mock GRC dashboard in Excel or Powerpoint
Week 20	Writing Reports for Business & Management	Report formats and tone	Write and present an executive-level risk summary
Week 21	Audit & Compliance Review	Audit preparation steps	Conduct a mock compliance audit
Week 22	Assurance Reviews & Findings	Remediation and closure	Case Study: Manage an audit finding lifecycle
Week 23	Career Readiness & Role Play	Mock interviews, portfolio review	Simulated job interview for GRC Analyst role
Week 24	Capstone Project & Final Assessment	Consolidate learning	Present capstone: "GRC Program for a Mid-Size Fintech Company"

❑ Key Outcomes

- Translate GRC theory into management reporting, auditing, and real-world readiness.

❑ Program Deliverables and Career Value Add

By the end of this mentorship, participants will:

- Be equipped to take on GRC roles

- Build a **Personal Portfolio of practical work**

- Have practical experience via 3 Mini-projects + 1 Capstone Project

- Receive an **LSCS Certificate of Completion**

- Improve job readiness and visibility with LinkedIn profile and CV guidance

- Join an international community of cybersecurity and GRC practitioners

❑ Program Cost

The program is priced at:
- £120 (GBP One Hundred Twenty only) **per month** for 6 months
- **Total** Program Investment: £720 (GBP Seven Hundred Twenty only)

Payments can be made via monthly subscription or as a one-time upfront payment through the LSCS secure payment link.

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For Enquiry or Enrolment
Enrolment

Send email to: hello@lscs.io